

faithworks

INSPIRING HOPE-FILLED LIVES

WESSEX

# ANNUAL REVIEW 2016



*"Thank you for believing in us  
and giving us a chance to start  
a new life" Faithworks client*



# HELLO AND THANK YOU



## Dear friends, welcome to our 2016 annual review

A couple of weeks ago, some visitors came to film our Sleepsafe emergency beds programme. Some of the stories that the folk “escaping the street” told them are hard to listen to – relationship breakdown, addiction, pain. But as they say “It’s a game of two halves” and when we sit down with these “guests” we talk about that part of their life just being the first half... As I write now, at least two of the people interviewed have got somewhere more secure to live off the street and one of them is starting to think about his ambition of finishing the science paper that he began but never got to complete: the second half has started well – the game is not over!

### And that encapsulates what we believe at Faithworks Wessex:

- It’s about people: often self-esteem poverty is as damaging as material poverty
- It’s about Hope in every part of life: we are seeing lives change... in finances, in families, by creating “homes” not just houses, as we take time with people, and, when appropriate, as they understand God loves them
- And it’s about putting together all our resources: our unique networks mean we are able to lead and facilitate the Local Church’s response to the growing challenges of loneliness and poverty

There are some wonderful stories in the following pages... However, we couldn’t do any of this without you: THANK YOU for volunteering, for giving in all sorts of ways, for partnering with us, for praying... and for playing your part in making the second half of life so much better for so many in this area.

Yours in Christ,

Ian Bromilow (chair) and Alistair Doxat-Purser (CEO)



### New office and contact details

We've moved to Southbourne and have a new telephone number: **01202 429037**

See back page for full details.



# WHAT DO WE DO



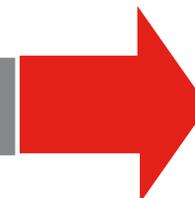
We don’t just help people in the midst of their crisis; our goal is to walk with them as they gain confidence and skills so that they need never go back into crisis



Act	Stabilise	Prevent	Train
<ul style="list-style-type: none"> <li>- Short term food</li> <li>- Emergency accommodation</li> <li>- Signposting to help</li> </ul>	<ul style="list-style-type: none"> <li>- “Good neighbours”</li> <li>- Specialist advice (Debt)</li> <li>- Space to find help</li> <li>- Learn new skills</li> </ul>	<ul style="list-style-type: none"> <li>- Budgeting</li> <li>- Cooking / shopping help</li> <li>- Build self esteem</li> <li>- Live well with solitude</li> <li>- Targeted help</li> </ul>	<ul style="list-style-type: none"> <li>- Equip volunteer budget coaches and befrienders in foodbanks / churches</li> <li>- Train ex-clients</li> </ul>



**TURN OVER** for some examples of what that means in practice...





# WE ACT...

## SLEEPSAFE A key project of BCARS

### KEY FACTS

- Faithworks is leading and equipping churches to jointly provide emergency winter beds for rough sleepers
- 7 churches each taking a night per week; 12 beds; 80 volunteers
- In 2015-6, 40% of guests found more secure accommodation
- No anti-social behaviour incidents
- In 2016-7, 13 more got off the street in first month
- Churches give over £10k each year



*'N' had been hospitalised for months so losing his tenancy and home; he came into Sleepsafe to get stability while he got ID and re-established family contact; it was a stepping stone to having his own flat, and now having a paid job*

## DEBT ADVICE

Our debt advisors worked with over 100 people; nearly 40 are on their way or **have become debt-free**

*"We made an offer to creditors which they accepted ... She now has a full larder and fridge, is putting on weight, repaying her debts and is almost free of stress"*

## FOOD PARCELS

We supplied 2870 **food parcels** from our 5 foodbanks to 7200 people

*"He thanked me for all the help that we had given him, "You don't realise what you've given me," he says, "its more than just a food parcel, it's much, much more than that."*

# WE BRING STABILITY...

## WALKING ALONGSIDE YOU ON THE JOURNEY

## CARERS (FOCUS Project)

We walk alongside 150 carers, giving them space to talk and find a way-in to activities that can build self-confidence and a social network

### KEY FACTS

- 150 clients
- 35 volunteer befrienders plus 9 telephone befrienders
- 42 carers and older people supported with garden maintenance thanks to adults with learning difficulties
- 4 'red letter day' events including Olympic-themed school day



*"Thank you for a lovely afternoon – the tea, entertainment and the warm welcome was wonderful. You are all 'stars' Bless you all"*

*"The world would be a happier place if all days were like today"*

## COMMUNITY MEAL

**SMILE community meal:** Monthly Inter-generational community meal linking isolated "seniors" with lone parent families – over 35 now coming.

*Victor began playing the harmonica... one of the children asked if she could have a go, so he gave a little lesson. Joy, fun, the generations united!*

## LONE PARENTS (SMILE)

We help lone parent families "live life to the full" through after school clubs, exercise classes, retreats, fishing trips in Poole bay, drop-ins and lots of boosting self-confidence; now in West Howe as well.

*"Smile has been a life saver for my son and myself. My child can enjoy amazing activities at no cost and I get adult conversation with people who are experiencing the same difficulties as me."*



## WE PREVENT FUTURE CRISIS

### FOODBANK-PLUS

#### KEY FACTS

- Across our 5 foodbanks, 50%+ of guests only need one parcel
- But for the others on a longer journey, we are there to help them build new skills and solve a range of issues; we have provided:
- 6 budget coaches,
- 7 'cooking-on-a-budget' courses
- Nearly 300 holiday top-up vouchers
- And from Jan 2017 a new community meal



*"G" was a homeless, alcoholic, rough sleeper 2 years ago. We helped her put food in her cupboards, give her cleaning products and begin to furnish her home. She loved the cooking workshop; it gave her confidence that she could do it. Someone continued to visit G regularly and about 8 weeks ago she started going to church. G has now been off alcohol for 7 weeks, she now has contact with both her sons, including a weekend visit from her eldest.*

*"Can I just say the workshop was fantastic this afternoon. The students really enjoyed it and it really got them talking and thinking. I've said to some of the other tutors to try and book their groups into this session for the future."*

### MONEY MATTERS MANAGING YOUR MONEY COURSES

- Seminars and workshops to strengthen people's understanding of how to make more of their money.
- Subjects include benefits entitlement, money-saving ideas, financial and pension support and useful contacts we worked with:
- Bournemouth & Poole College: 1000 students!
- Magna Academy pilot or schools: 200 students
- Probation service: 15 ex-offenders



## WE TRAIN OTHERS TO SUPPORT

### VOLUNTEERS

#### KEY FACTS

- Over 350 new volunteers trained in basic skills including safeguarding
- Over 100 trained to support the Sleepsafe emergency winter beds campaign
- Volunteer additional events plan including annual celebration, resilience, dementia and wheelchair training
- 2 awards at Bournemouth Mayor's 'Volunteer of the Year' awards.



*"Volunteering for Faithworks gave me a purpose at a time when I needed a real hope for my future... the people at Faithworks have been so caring & understanding of my whole situation & I can't think of anywhere else I'd be happier working. THANK YOU FAITHWORKS, you are truly God given!"*

### DEMENTIA FRIENDLY

Working with Prama and Alzheimer's Society to inspire and equip Churches to help people living with memory loss: Training, Audits, Action plans, Inter-generational memory boxes

- 50 churches
- 700 people

**We also coordinate the work of the Blandford Dementia Friendly Community:**

- 12 different groups (care homes, doctor's surgeries, cafés and the Town Council) have Dementia Action plans
- We have hosted Dementia friends training and 2 special seminars



*The organist who had been playing for decades in the church and who had developed memory loss, had a buddy who sat beside her turning the music pages and telling her what songs to play. This enabled her to still do the thing she loved...*





# AND WE LOVE WORKING IN PARTNERSHIP...

## POOLE CONVERSATION

We ran the Poole Faith Audit analysing 44 churches and faith organisations: in 2015 there were over 300 community activities thanks to over 190,000 hours of volunteering (e.g. 20 parent & toddler groups with 900 attending; 13 lunch clubs with 325+ attending)”

This led to the “Poole Conversation” run with Redeeming our Communities (ROC), Prama and Churches Together in Poole

- 150 people including Assistant Chief Constable, the Mayor, the hospital Chief Executive, the Leader of the Council, the Principal of the College celebrating what's great in our town
- 3 key questions: “what are the gaps and big issues facing the town?” “What projects could meet those gaps?” and “What resources have we got to meet them?”
- Follow up work hopefully leading to new ‘Street Pastors’ initiative, and ‘Most Neighbourly’ community awards

## THANK YOU TO OUR PARTNERS

### LOCAL:



### NATIONAL:



## AND THANK YOU TO OUR KEY FUNDERS IN 2016...

Garfield Weston: <b>£25k</b>	Tudor Trust (3yrs): <b>£25k</b>	Rank Trust (3yrs): <b>£10k</b>
Valentine: <b>£15k</b>	Cooper Dean: <b>£16k</b>	Wessex Water: <b>£5.9k</b>



# FAITHWORKS IN NUMBERS

Staff:	full time <b>4</b>	part time <b>17</b>	FTE <b>10.8</b>
Volunteers:	Foodbanks: <b>110</b>	Money: <b>20</b>	Sleepsafe: <b>100</b>
	Family: <b>15</b>	Befriending: <b>75</b>	Office: <b>10</b>

= £345k



**Income:**  
– year to March 2016

= £365k



**Costs:**  
– year to March 2016



**Overall:** some funding was received in the previous financial year so the combined out turn for two years (2014/15 and 2015/16) is a surplus of £24,000

**Carried forward:**  
= **£133.5k**

Restricted = **£121k**  
Unrestricted = **£12.5k**



# OUR PLANS FOR 2017 ONWARDS...

Responding to the growth of loneliness and poverty

## The Need

## Our Response

### LONELINESS IS INCREASING ACROSS EVERY AGE GROUP

- Over 85's is fastest growing age group
- Highest ever number of referrals to our Carers' befriending service
- Poole social prescribing service has a waiting list, especially for under 60s
- Estimated 14000 living with Dementia in Dorset

Helping churches create "Hope in the Community" networks to reconnect 1000 lonely older people into their community

Developing family supporters or 'buddies' to help people stay out of crisis and grow their skills/confidence

Still being one of the best (and most flexible) places to volunteer in Dorset!

### INCREASING INEQUALITY AND POVERTY

- Percentage of families with working adults that are in poverty now at 55% – a record high (Rowntree foundation)
- Foodbanks seeing increased numbers (e.g. 25% up in Wimborne)
- Bournemouth: Homelessness up 292%; 5th most unaffordable place in UK (2014 figs)
- Local Credit Union now closed

We want everyone to be close to food, finance, home, and self-esteem help: in 2017, we will have the first few of these local hubs

Roll-out of "making more of your money" training to schools, colleges, probation, YMCA etc...

# SO CAN YOU HELP US FINANCIALLY?



## STANDING ORDER FORM

To the manager of

Bank / Bldg soc.
Branch
Postal Address
Postcode
Sort-code
Account no.
Your name
Your address
Your post code
Please make payable to: Faithworks Wessex. <b>CAF Bank Account: 00015300 Sort code: 40-52-40</b>
Amount
Normal day of each month
Date of first payment
Your signature
<b>GIFT AID</b> means that you can support us even more, at no extra cost to yourself! If you are a UK taxpayer, we can claim an additional 25p for every £ donated. <i>giftaid it</i> "I want this and any further donations to Faithworks Wessex (charity reg. no.1108714) to be treated as Gift Aid donations. I confirm that I pay tax in the UK and that the level of income tax or capital gains tax that I pay each tax year is at least equal to the tax on all the gift-aided donations that I have made (excl. other taxes like VAT, Council Tax)."
Signed _____ Date _____

I'd like to make a one-off gift

**£10 means** we can send all our clients birthday cards for a month – it may be the only card they get.

Send a cheque payable to Faithworks Wessex or go to: <https://mydonate.bt.com/charities/faithworkswessex>

I'd like to give regularly

**£5 per month** will pay for a home-start pack for people escaping crisis.

**£10 per month** means we can befriend a carer who feels cut off from society.

**£20 per month** will pay for a one person in Sleepsafe to stay off the street while they are finding a more secure place.

Just fill in the form opposite and send it to your bank

I'd like to leave a legacy in my will

Contact us and we'll send you a legacy pack.



## LET'S WORK TOGETHER

Thank you again for helping us to help others.  
If this review has inspired you, then there are lots of ways to help...

### ■ Give a few hours of your time

We would love to have more volunteer drivers to help older people connect up; we always need folk willing to help someone with their finances; or could you join the new corps of buddies to get alongside people escaping crisis?

### ■ Work with us

Perhaps your church is looking to reach out to the local area and wants some help. Or perhaps your business wants some volunteering ideas; perhaps you simply have a venue to offer (we would love some storage space!)

### ■ Pray with us

We believe that prayer changes lives – so if you or your church group want to regularly pray for our work and the people we work with, get in touch and ask for a prayer pack.

## FOR MORE INFORMATION

**Contact Alistair and the team on: 01202 429037**

### Faithworks Wessex

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**Our mandate:** Luke 4:18-19: "...to set the oppressed free, to proclaim the year of the Lord's favour."